FREE FALL WRITING



Record the title (don’t forget capitals!) of the prompt provided below. Write as much as you can about that topic until you are uninspired. Then select a topic of your own choosing. Write and center a new title and repeat the process beneath it. You will have 30 minutes altogether to *free fall* write!

Use the following post writing reflection questions to analyze your work:

Did you apply “Our Proofreading Plan” to your work after completion? **Yes or No**

Were you able to continuously with few pauses? **Yes or No**  
Were you inspired by the initial writing prompt? **Yes or No**  
Is the energy even throughout all of your writing pieces? **Yes or No**  
Did your writing run out of energy in spots? **Yes or No**  
Did you use juicy adjectives (words that describe nouns)?  **Yes or No**Did you use adverbs (words that describe verbs (action words))? **Yes or No**  
Did you use your senses? **Yes or No**  
Did you include dialogue? **Yes or No**  
Did you include similes/metaphors? **Yes or No**  
Did you have a balance between telling and showing? **Yes or No**

Is there something within this exercise that you would want to polish and publish in the future? **Yes or No**

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