**PRESSURE/REFUSAL PRESENTATION**

1. Listen to the scenario that Mr. Drooker once faced in real life!
2. Decide the acting roles and rehearse the scenario
3. A narrator is needed (it can be one of you or you may share the role)
4. The narrator needs to state to the audience what the type of pressure Mr. Drooker faced and explain what refusal technique was demonstrated in your presentation

**SUBSTANCE USE PRESSURES**
INDIRECT: When the majority are enjoying a certain behaviour and you feel stressed because you are not following along.
DIRECT: When someone directly asks you: "Would you like a cigarette?"
FORCEFUL: Bullying and teasing is used to force a response: "You baby! You are so whiny! Why don't you try a cigarette!"

**SUBSTANCE USE REFUSAL TECHNIQUES**
HUMOUR: "I quit when I was 3!"
TURN THE TABLES: "Don't you know that smoking causes cancer?! I really care about you and don't want you to be sick!"
BROKEN RECORD: "No. No. No. I've said no already!"
EXCUSES: "Oh no! I just remembered I need to babysit my cousin..."
SIMPLY SAY NO: "No thank you!"
CHANGE THE TOPIC: "Want to watch a movie?"
​WALKING AWAY: Immediately remove yourself from the situation/association.